



Hi! I'm Rochelle!

I've never enjoyed being a mother as much as now. After doing Family Academy games with my son Adrian, I've learned to appreciate all the little times we get together as a family. It is amazing to see Adrian interacting with new people confidently instead of being shy. He likes all the games and that made it easy to teach him. He can even help teach others now. Let's try some games together!

## POINT TO THE SOUND

**SKILL:** Identifying letter symbols by sound

### HOW TO PLAY:

1. Let your child see the ABC poster.
2. Ask them to point to the letter you name.

**Note:** Don't go in order from A-Z so they can't just go from memory. You can use this order that goes from easiest to pronounce and most often used up to the more difficult sounds:

M, A, P, I, K, H, U, T, O, B, G, E, N, D, S, Y, W, L, R, C, F, J, Q, V, X, Z



Bb



**Parent:** Let's play "point to the sound." I will make the sounds of a letter, and you will point to it on the poster. Can you find the letter that makes a "puh" sound?

**Child:** "B" (points to "b")

**Parent:** Oh! That is B. The B sound is very close to this letter. Can you try again? We're looking for the letter that makes a "puh" sound.



**Child:** P! (points to “p”)

**Parent:** Good job finding the letter P!

You can let your child try again, but if they miss it twice, tell them the correct letter and move on to the next one so they don’t get discouraged.



What letter makes the “rrr” sound, like in my name - Rochelle? What letter does your name start with?

## LET’S TALK ABOUT FAMILY

**SKILL:** Vocabulary and communication; talking about family

### HOW TO PLAY:

1. Use the family poster or a family photo.
2. Name members of the family: mother, father, brother, sister, daughter, son, etc.  
If you are using a family photo, you can also say the name of each person.
3. Ask your child to repeat each title or name after you have said it.
4. Share a beautiful story about your family with your child.



**Parent:** This is mother. Can you point to the mother? What do you call your mother?

**Child:** (points) mommy.



**Parent:** Who is the father? What do you call your father?

**Child:** (points) “Daddy”

**Parent:** How many children are in the photo? Let’s count.

**Child:** 1, 2, 3

**Parent:** Who do you think is the oldest child? The youngest child?

Tell your child a happy story from your family.



Not all of my neighbors have their own family picture but if you do, use your own picture to talk to your child about your family as well.



## PARENTING TIPS

Play games that teach your child to wait or take turns:  
board games, card games, red light/green light.



Arol is a few years older than Adrian, so we could play games all together to help Adrian learn to take turns.